

LOCATIONS:

Going Places—located at 2101 Garner Road, Suite 107, (919) 832-1400. This location serves youth ages 8-12 from the Southeast Raleigh area. Services are provided from 4:00-6:00 PM Monday through Thursday. Transportation arrangements are available for students who live or attend school within close proximity of the Biltmore Center.

Wake Forest Office—located at 121 Front Street, Wake Forest (919) 554-6988. Program services are offered at Apartments Community Center on N. Allen Street.

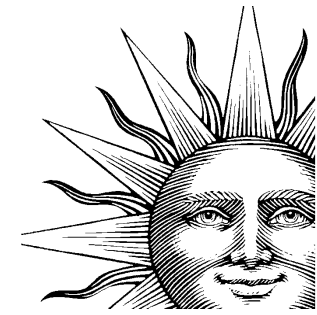
Kindergarten through Second Grade attends Monday & Wednesday from 4:30 – 6:00 p.m.; Third– Fifth Grades attend Tuesday & Thursday from 4:30 – 6:00 p.m.

The Wake Forest Citizen’s Substance Abuse Task Force and the Town of Wake Forest have generously supported SouthLight’s Prevention Program in Wake Forest. As a result of this effort, substance abuse prevention in Wake Forest has become an effective community effort.

Prevention Services is a division of **SouthLight**, a not-for-profit 501(c)(3) health care provider of comprehensive substance abuse services including prevention, intervention, treatment and aftercare.

Contributions may be made to the successful programs of SouthLight’s Going Places Prevention Services by calling (919) 787-6131 x102 or by visiting SouthLight’s website at www.southlight.org.

The North Carolina Department of Human Resources Division of MH/DD/SAS, Governors Substance Abuse and Violence Prevention Program, Triangle United Way and the Town of Wake Forest fund these programs.



SouthLight, Inc.

PREVENTION

Going Places.... a unique approach to after-school guidance

We believe that every child is a package full of potential!

SouthLight is a recipient of the *Triangle United Way Agency’s Award of Excellence!*



We care.

SouthLight provides a unique approach to after-school guidance.

Life Skills Training

SouthLight's after-school prevention programs offer life-skills training for youth ages 6-14 and their families. Students participate in a variety of learning modules designed to enhance life skills and reduce the risk of drug involvement.

We support.

Activities are provided in a safe and supportive environment that encourages classroom discussion and small group activities. The curriculum includes skill development in the following areas:

- *Drug Education/ Resistance*
- *Self-Esteem Building*
- *Communication*
- *Violence Prevention*
- *Health Education*
- *Peer Mediation*

We reach out.

The Going Places Program is in two locations:

- The Biltmore Center serves youth referred from Southeast Raleigh.
- Massey Public Housing in Wake Forest is the northern location for Going Places.

SouthLight staff also provides substance abuse prevention programming throughout Raleigh's Community Learning Center after school programs and area schools.

Summer Programs are offered to students enrolled in the after-school program at both Going Places locations. Students participate in a variety of experiential learning activities. Students also engage in a summer reading program sponsored by the Wake County Public Library. The summer programs operate from 8:00 AM to 3:00 PM Monday through Friday.

We offer guidance.

The after-school programs for **Academic Enrichment** also offer tutorial services to participants. Competent and insightful community volunteers assist students with homework and/or other assignments. Tutoring services are individualized and coordinated with the schools.

We encourage family involvement.

Parent participation is an integral part of the after-school programs. Parenting workshops focus on improving parent-child relationships, communications, and parenting skills. Workshop topics include:

- *Communications Strategies*
- *Effective Parenting Skills*
- *Drug Education*
- *Healthy Living*

Parents are encouraged to participate in all student activities; including supporting community projects, fundraisers and other program initiatives.

We are fair.

We provide services without regard to race, religion, illness, physical handicap, or sex. One way we close the gap to our diverse culture is to offer **Bilingual/Hispanic Services**.

Drug/alcohol education and other life skills training are also offered in Spanish at St. Catherine of Siena Church in Wake Forest. We are available to work with other groups as well.

We are professional, motivational speakers.

SouthLight provides **professional, motivational speakers** who are available to make presentations on a variety of drug and alcohol topics to schools, businesses, civic clubs, and other organizations. Upon request, SouthLight also participates in health fairs and other community events.