

## **ADULT OUTPATIENT SERVICES**

2101 Garner Road, Suite 107 (Centralized Intake Unit)

Phone 919-832-4453 x1401

Fax 919-832-0825

or

1012 Oberlin Road, Suite 300

Phone 919-872-7373 x1320

Fax 919-872-3713

- Comprehensive Clinical Assessment
- Intensive Outpatient Therapy (SAIOP)
- Individual & Group Therapy (BHO)
- Co-occurring Disorders
- Dialectical Behavior Therapy (DBT)
- Psychiatric Services & Medication Management

## **ADOLESCENT OUTPATIENT SERVICES**

1012 Oberlin Road, Suite 300

Phone 919-872-7373 x1320

Fax 919-872-3713

- Comprehensive Clinical Assessment
- Peer Group Therapy
- Adolescent Substance Abuse Education (ACE Program)
- Multi-Family Therapy
- Individual & Family Therapy
- Threat Management by Assessment and Counseling (TMAC)

## **CRIMINAL JUSTICE SERVICES**

12 West Martin Street

Phone 919-828-4892 x1201

Fax 919-834-8617

- TASC Program
- DWI Services
- Drug & Alcohol Education Program
- Felony Drug Diversion Program
- Intensive Education Program (IEP)
- Anger Management Education Program

## **MEDICATION ASSISTED TREATMENT**

(OPIOID SERVICES)

2101 Garner Road, Suite 113

Phone 919-832-7351 x1421

Fax 919-829-1357

- Management of Opioid Dependence & Withdrawal
- Individual & Group Therapy (including DBT and gender specific)
- Family Therapy
- HIV/AIDS Education
- Case management
- Psychiatric Services & Medication Management

## **PREVENTION SERVICES**

1012 Oberlin Road, Suite 300

Phone 919-872-7373 x1320

Fax 919-872-3713

- HIV/AIDS Education & Training
- STD Testing
- Substance Abuse & Gang Prevention Awareness
- Parenting Workshops



## **RESIDENTIAL SERVICES**

(CASAWORKS & PERINATAL PROGRAM OF WAKE CO.)

Located in Fuquay Varina

Phone 919-557-6967

Fax 919-557-6871

Perinatal Program: LaFerne Harris, 919-250-1536  
Casaworks Program (children under age 11): David Bain, 919-232-5545

- Comprehensive Clinical Assessment
- Residential Substance Abuse Treatment
- Job Skills & Vocational Training
- Parenting & Child Development Skills
- Individual & Group Therapy (SACOT)
- Psychiatric Services & Medical Management

## **RESIDENTIAL SERVICES**

(SUPERVISED INDEPENDENT LIVING)

Located in Raleigh, NC

Phone 919-250-9126

Fax 919-832-0825

- Short Term Housing
- Comprehensive Rehabilitation & Substance Abuse Treatment
- Life Skills & Daily Living Activities
- Job Placement Initiatives
- Psychiatric Services & Medication Management

## **SOUTHLIGHT CORPORATE OFFICES**

3125 Poplarwood Court, Suite 203

Phone 919-787-6131

Fax 919-571-2932

- Administrative Offices
- Employment Opportunities
- Volunteer Opportunities
- Donations
- Information/Questions

“Substance use disorders and chronic addiction are among the top public health concerns in the nation and our Triangle community. Locally, hundreds go without needed services every day. Through our mission, SouthLight is serving individuals and families dealing with substance abuse issues, and thereby our community, with outstanding, professional care.”

-Reynolds (Tad) Clodfelter, Jr., Psy.D., CEO



At SouthLight, we know that addiction is a chronic, relapsing disease, much like diabetes, hypertension, and asthma. Our programs focus on helping individuals and families overcome the disease of addiction.

While clients are enrolled in SouthLight programs, they are treated for both their mental and physical health. Clients who enter recovery learn behaviors which promote healthy emotional and physical lifestyles.

### OUR HISTORY AND FOCUS

Since 1970, SouthLight has developed and implemented comprehensive substance abuse prevention, education, and treatment programs which address the needs of youth, adults, and families as they deal with the disease of addiction and its impact on health, relationships, and finances. We are changing lives through compassionate, professional care that produces sustained results.

### OUR MISSION

To eliminate addiction, abuse, and misuse of drugs, including alcohol, in the communities we serve.

### OUR COMMITMENT

SouthLight is committed to a recovery oriented system of care for our clients. We incorporate the best, evidence-based practices in our treatments. We provide a continuum of care which may include court services, co-occurring disorders care, housing, HIV/STD outreach, life skills training, community wrap-around support services, and chaplaincy services for interested clients.

**SouthLight, Inc.**

**919-787-6131**

**Fax 919-571-2932**

**[www.southlight.org](http://www.southlight.org)**

SouthLight, Inc. is a private, non-profit 501(c)(3) organization. We are accredited by the Commission on the Accreditation of Rehabilitation Facilities, and we are a Triangle United Way member “Agency of Excellence.”



**United Way  
of the Greater Triangle**



# SOUTHLIGHT

LIFE WITHOUT ADDICTION



**HELPING  
INDIVIDUALS  
AND FAMILIES  
SINCE 1970**