SouthLight's Opioid Treatment Program

Expanded capacity with an efficient & professional healing environment

There is an opioid epidemic in North Carolina. Opioids—including prescription pain medication, heroin and fentanyl—are hurting families and destroying lives. Throughout the COVID-19 pandemic, the need for substance use treatment and mental health services has increased dramatically. Here’s how SouthLight is responding to the need.

SouthLight’s Opioid Treatment Clinic: Open 7 days a week, 365 days a year
- SouthLight’s Opioid Treatment Program (OTP) serves an average of 600 people a day.
- This life-saving service helps medically manage the symptoms of opioid dependence and withdrawal, while helping create sustainable, thriving communities and the opportunity for individuals to live healthy, safe and productive lives.

A Transformed Facility, a Healing Environment
To meet the growing need for access to substance use treatment and mental health services, SouthLight has expanded our southeast Raleigh location in order to serve more individuals in our community.
- Increases our current capacity from three medication dosing windows to six.
- Will enable us to serve upwards of 800 people at a time in coming years.
- Provides a more professional, spacious and efficient experience for those on their recovery journey.

The Impact
SouthLight’s goal is to create sustainable communities where individuals improve their physical, mental and social well-being and gain skills and resources to sustain their recovery. With this expansion, we will be able to increase access to critical health services for the most vulnerable in our community.
- We estimate 100 more people will receive support to medically manage their symptoms of opioid dependence and withdrawal in the first year.
- We estimate the increase in the number served in the opioid clinic by 25% within 2 years.

We are expanding to meet the ever-growing need in our community for substance use treatment services. Our goal, through the work of our dedicated staff, remains to provide high quality and caring services for those we serve.

Ranota Hall, MD, Chief Medical Officer

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May 2021
Expanded capacity to serve more with a growing opioid crisis in our community

**Medication-Assisted Treatment Works**
Treatment with a medication has been shown to be more effective than treatment without medication, and long-term treatment usually has better results for patients than short-term treatment.

**Dual-Diagnosis: Substance Use Disorders and Mental Health**
Over time, supporting clients with substance use treatment in addition to mental health services helps to:
- Increase retention in treatment
- Decrease illicit opiate use and other criminal activity among people with substance use disorders
- Increase client’s ability to gain and maintain employment
- Improve birth outcomes among women who have substance use disorders and are pregnant

**Opioid Treatment Program Services**
- Daily dosing of methadone; daily dosing of buprenorphine
- Individual & group counseling services
- Urine drug screens
- Case management/referral services

**Our Distinctives – Why Choose SouthLight**
- Treat co-occurring disorders; licensed clinicians who can address both mental health and substance use.
- Provide a full array of support services, including counseling, case management, Women and Children’s Treatment Program, Peer Support Specialists and more.
- Everyone is welcome, with or without insurance.
- A commitment to quality and evidence-based practices.
- Daily dosing hours, 7 days a week, 365 days a year.

**The Opioid Crisis**
- In North Carolina, 5 people die from opioid overdoses every day. (NCDHHS)
- Hospital emergency room visits for drug overdoses in 2020 increased 22% over the previous year. (NCDHHS)

**Resources: Help is available, and treatment works**
NCDHHS Opioid Dashboard; More Powerful NC; SAMHSA